

NEW JERSEY 2017

LOCAL HEALTH REPORT

Montgomery Township Health Department

Serving Montgomery, and the Boroughs of Hopewell, Pennington, and Rocky Hill



Public Health
Prevent. Promote. Protect.

2261 Route 206

Belle Mead
NEW JERSEY, 08502.

908-359-8211^227

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health@twp.montgomery.nj.us
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Montgomery Township Health Department

JURISDICTION LEADERSHIP

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Paul Anzano, Mayor, Hopewell Borough
Anthony Persichilli, Mayor, Pennington Borough
Phil Kartsonis, Mayor, Rocky Hill Borough
Patricia Graham, Board of Health Liaison, Montgomery Township
Debra Lehman, Board of Health Liaison, Hopewell Borough
Kit Chandler Board of Health Liaison, Pennington Borough
Robert Uhrik, Board of Health Liaison, Rocky Hill

BOARD OF HEALTH LEADERSHIP

Bill Bucci , President, Montgomery Board of Health
Sheila Reynertson, President, Hopewell Borough Board of Health
Steve Papenberg, President, Pennington Board of Health
Ken Rizzi, President, Rocky Hill Board of Health

LHD KEY STAFF / LEADERSHIP

Stephanie Carey, Health Officer
Jennifer Foster, Administrative Assistant
Devangi Patel, Health Educator
Brianna Retsis, Public Health Nurse
Kristen Sargent, Registered Environmental Health Specialist
Evan Stampoulos, Registered Environmental Health Specialist
Jennifer LaStella, Animal Control Officer
Stan Kosinski, Weekend Animal Control Officer

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Website

What Does Your Health Department Do?

Your local public health department protects and improves the health and well-being of your community, as well as the environmental resources upon which we all depend.

Since 1900, the average lifespan of U.S. residents has increased by more than 30 years, with 25 years of this gain attributable to advances in public health, such as:

- Vaccination
- Motor-vehicle safety
- Safer workplaces
- Control of infectious diseases
- Decline in deaths from coronary heart disease and stroke
- Safer and healthier foods
- Healthier mothers and babies
- Family planning
- Fluoridation of drinking water
- Recognition of tobacco use as a health hazard

Today, your local, county, regional, and state public health agencies continue to promote health and wellness across New Jersey.

Your health department:

- Protects you from health threats. Your health department works to prevent disease outbreaks and makes sure the water you drink, the food you eat, and the air you breathe are all safe. We are also ready to respond to any health emergency — be it bioterrorism, SARS, West Nile Virus, or a new environmental hazard.
- Educates you and your neighbors about health issues. Your health department provides you with information that helps you make healthy decisions, like exercising more, eating right, quitting smoking, and washing your hands to protect yourself from communicable diseases. During a public health emergency, we also provide important alerts and warnings to protect your health.
- Provides healthy solutions. Your health department offers the preventive care you need to avoid disease and maintain your health. We provide flu shots for the elderly and help mothers get prenatal care to give their babies a healthy start. We also help provide children with regular check-ups, immunizations, and good nutrition to help them grow and learn.
- Advances community health. Your health department takes part in developing new policies and standards that address existing and emerging challenges to your community's health while enforcing a range of laws to help keep you safe. We work through research and staff training to maintain expertise and deliver up-to-date, cutting-edge health programs.

Montgomery Township Health Department Mission Statement

Our purpose is the good health of the people of the communities we serve.

Together we:

- Prevent Disease and Injury
- Promote Healthier Choices
- Protect food, water, and air
- Prepare for Emergencies

We will work together for a safer and healthier community.

Our Values:

- We protect the Health and Safety of those who live, work, and play in the communities we serve.
- We provide professional, timely, and caring response to everyone we serve.

Montgomery Township Organizational Values:

-Respect for Others - Teamwork -Communication - Integrity - Leadership - Customer Service

Public Health 2017 Quick Facts

- 8 Shared Services Agreements
- 6.7 FTEs Staff
- 405 Vaccinations provided
- 33 Clinic visits provided *by Zufall Health*
- 274 Retail Food Inspections conducted
- 146 Retail Food Facilities licensed
- 1400 Pets licensed
- 215 Disease cases investigated
- 85 Environmental health issues investigated

Your Health Department



*Front: (L to R) Brianna Retsis, Nurse; Jennifer LaStella, Animal Control; Devangi Patel, Health Educator
Rear: Evan Stampoulos, Registered Environmental Health Specialist; Jennifer Foster, Administrative Assistant; Kristen Sargent, Registered Environmental Health Specialist; Stephanie Carey, Health Officer*

Montgomery Township Health Department Service Area

Town Name		Full-Time Health Officer Service	Animal Bites & Rabies Control	Body Art, Permanent Cosmetics	Childhood Lead Poisoning Control	Communicable Disease Control	Emergency Preparedness and	Health Education & Promotion	Individualized Clinical Services	Inquiries, Issues, Complaints	Kennels, Pet Shops, Shelters	Onsite Wastewater Disposal System	Other Animal Control Services	Potable Wells & Drinking Water	Recreational Bath Facilities	Retail Food Establishment Safety	School Immunity Record Audits	Youth Camps						
HOPEWELL BORO		P	P		P	P	P	P	P	P	P		P	P	P	P	P	P						
MONTGOMERY TWP		P	P		P	P	P	P	P	P	P	P	P	P	P	P	P	P						
PENNINGTON BORO		P	P		P	P	P	P	P	P	P		P	P	P	P	P	P						
ROCKY HILL BORO		P	P		P	P	P	P	P	P	P		P	P	P	P	P	P						
PRINCETON			P					P																
BRANCHBURG					P			P																

Public Health Accreditation

Promoting Transparency, Accountability, and Doing “What Works” to improve health

MTHD culminated a year-long documentation effort with a ceremony at the October Board of Health.

L to R: Township Committee Member Patricia Graham, Administrative Assistant Jennifer Foster, Health Officer Stephanie Carey, Accreditation Coordinator Devangi Patel



- Throughout 2017, MTHD's major focus has been to engage in Performance Management, Quality Improvement, and modernizing our policies and procedures.
- Through better documentation of community needs and our daily work, we are creating a base of **data and evidence** to support requests for resources and improve accountability.
- We work closely with our partner organizations (including Princeton HD, Greater Mercer Public Health Partnership, Healthier Somerset, and Greater Somerset Public Health Partnership) to set regional goals and create a consistent approach to health across jurisdictions.
- We submitted over 400 documents addressing 100 measures to the Public Health Accreditation Board to describe these efforts.
- Documents are currently under review by PHAB, with a community Site Visit expected in the Summer of 2018.

Measures of Success

The Performance Management/Quality Improvement Subcommittee is made up of representatives of each Board of Health. Their mission is to track progress on the Department's goals and objectives, to lead to better outcomes, aligned with our Strategic Plan.

2017 Measures and Results

- New walkway from Montgomery High School to Blawenburg nearing completion thanks to joint advocacy efforts
- 89% of schools and day cares audited
- 67% of disease investigations started within 48 hours and 96% started within 7 days
- 99% of Food, Recreational bathing, and septic inspections completed within required timeframes.
- Two groundbreaking Mental Health events hosted in collaboration with school and community partners, with over 400 attending

Accreditation Subcommittee in the National Spotlight



Pennington's Board of Health was featured at the National Association of County & City Health Officials in July. Board members Steve Papenberg and Toni Lewis shared the story of the Boards' journey to help MTHD achieve national Public Health Accreditation.

MTHD is using a unique approach to engage community leaders in Accreditation. A working group of Board members from the 4 communities review plans and policies to make sure we are doing “what works” for health.

Staffing & Human Resources Summary

Fiscal Year Summary	2017 data
Number of Individual Employees	8
Number of Individual Contract Staff	0
Number of Individual Volunteers	4
Number of Contract Organizations	2
Total Number of Full-Time Equivalent Human Resources Available	7.35
FTEs of Individual Employees	6.7
FTEs of Individual Contract Staff	0
FTEs of Individual Volunteers	0.3
FTEs of Contract Organizations	0.35
<i>In-Kind Work of 24 Volunteer Board of Health Members</i>	<i>Over 250 hours</i>

Definitions

Employees are individuals who are on the LHD's payroll and paid a set salary or hourly rate. This includes full-time, part-time, and casual/at-will/W-9 staff of the LHD.

Contract staff are individual contractors or consultants who are not on the LHD's payroll, but who invoice or bill the LHD for services rendered on behalf of the LHD and are paid directly by the LHD as individuals (rather than as companies/organizations).

Contract organizations are organizations that, under the terms of a contract, provide services on behalf of the LHD in exchange for payment, where the LHD pays the organization rather than directly compensating individual staff of the organization for their services.

Annual Financial Summary

The health department's most recently completed fiscal year began on 01-01-2017 and ended on 12-31-2017.

Fiscal Year Summary	
Total revenue	\$542,834
Revenue from Municipalities	\$424,587
Revenue from Counties	0
Revenue from the State Department of Health	\$2320
Revenue from other State Agencies	\$3675
Revenue from grants (other than State of NJ)	\$4650
Revenue from service and licensing fees	\$107,602
Revenue from fines for health & safety violations	\$500
Financial donations received	0
In-kind donations	\$6000
% of revenue from Fees and Fines	19.91%
Total expenditures for 01-01-2017 through 12-31-2017	\$542,834
Budget for next fiscal year	\$580,000
Per capita expenditures <i>excluding Capital, Overhead, and Benefits</i>	
<i>Public Health</i>	\$16.07
<i>Animal Control</i>	\$3.16

Inquiries, Issues, and Complaint Investigations: Improving Community Quality of Life, Health, and Safety

Local health departments assist residents in the resolution of quality of life questions and concerns, as well as conducting investigations to prevent and correct (“abate”) conditions or uses of a properties that interfere with neighbors’ use or enjoyment of their own properties or endanger life, health or safety.

Key Facts & Activities	2017 data
Number of contacts handled	1502
Number of cases investigated	85
Number of cases that required enforcement action (including, but not limited to, fines, notices of violation, and court summonses)	20
Percent of cases that required enforcement actions	23.53%

The data on this page applies to: Hopewell Boro, Montgomery Twp, Pennington Boro, Rocky Hill Boro.

85 Complaint investigations in 2017 include:

- 14 High Grass
- 13 Retail Food complaints
- 7 Sewage and Water Pollution
- 24 Debris and Rodents
- 8 Standing water/ mosquito haborage
- 14 Housing complaints

Emergency Preparedness and Response

• Local health departments investigate communicable disease outbreaks, provide public health nursing and health education/ risk communication. We work in partnership with traditional and non-traditional emergency responders and the community-at-large to address and mitigate the environmental health impacts of natural or manmade disasters.

Montgomery Health Department partners for preparedness include:

- Central West Public Health Emergency Preparedness Region (including Somerset, Mercer , and Hunterdon Counties), to meet Federal CDC preparedness standards
- Montgomery Township and Hopewell Valley Offices of Emergency Management. We assure uniform messaging; mitigation of environmental hazards, and preventing the spread of disease.
- Other local health departments throughout Somerset and Mercer Counties, to build surge capacity for sheltering, risk communication, and mass distribution of emergency medications.

In 2017, Montgomery Township Health Department updated its continuity of operations plan.

Montgomery Township Health Department has updated plans to respond to the following types of emergencies that involve:

retail food safety
 the public water supply
 multi-family housing
 food-borne disease outbreaks
 infectious disease outbreaks
 hazardous material spills
 raw sewage spills
 isolation and quarantine to prevent the spread of dangerous illnesses
 major natural disasters
 potential bioterrorism exposures

Montgomery Township Health Department's response plans include extra precautions and preparations to protect populations at greatest health risk in emergencies.

The data on this page applies to: Hopewell Boro, Montgomery Twp, Pennington Boro, and Rocky Hill Boro.

Public Health Emergency Preparedness for Severe Weather Events



The Joint Boards of Health Annual Education Forum featured two leading experts from Rutgers University, speaking on “The Public Health Impact of Climate Change”—Dr. George DiFerdinando and Dr. Marjorie Kaplan.



They brought a message that Local Health Agencies must be prepared to help their communities cope with the impact of storms, heat waves, drought, and vector-borne diseases. Boards of Health must provide leadership to assure that the rapidly-changing needs of the most at-risk people in their communities are met.

Link to video from Rutgers Climate Institute: <http://climatechange.rutgers.edu/#>

Mental Health: A Top Priority

In both Somerset and Mercer Counties, Mental Health and Substance Abuse have been identified as top priorities for intervention in their Community Health Improvement Plans.

The MTHD Strategic Plan prioritizes improving access to mental health and substance abuse services, while removing stigma. The Plan specifically calls for bringing more programming on mental health to both the school population and to those who may need to assist people in crisis.

MTHD partnered with Carrier Clinic, the School Districts, and the Municipal Alliances to bring these awareness programs to the communities we serve:

Mental Health First Aid

Helping Responders assist people in crisis



Graduates of the Mental Health First Aid for First Responders training, sponsored by MTHD and the Municipal Alliances.

Montgomery Township Health Department hosted two special **“Mental Health First Aid” classes for First Responders** in April, 2017. Key informant interviews revealed that up to half of police/EMS calls in our service area include elements of a mental health crisis, and training of Responders to these incidents is extremely limited.

Over 50 Responders from agencies in both counties we serve attended this training, led by trained facilitators with a background both in Mental Health and Law Enforcement.

In the Blink of an Eye



Health Educator Devangi Patel and Public Health Nurse Brianna Retsis at the “In the Blink of an Eye” Mental Health Fair

MTHD partnered with Montgomery Township Schools, Carrier Clinic, and Montgomery- Rocky Hill Municipal Alliance to Prevent Substance Abuse to host **“In the Blink of an Eye: A Conversation about Stress, Anxiety, Alcohol, and Drug Use in Our Community”**. Over **350** people attended.

The April 20, 2017 event featured a Panel Discussion, including young people in recovery, medical experts, and faith leaders. Just as important, over 30 providers of Mental Health Services were available to distribute information to parents and talk about support services for Mental Health and Emotional Wellness.

Health Education and Promotion

• Health Education occurs throughout all local health department programs, with a focus on providing education and health promotion services that help the public make informed decisions about their health. Health education programs and activities help the community achieve a healthier lifestyle and promote healthy behaviors.

Key Facts & Activities	2017 data
number of single-session educational events	38
number of multi-session educational events	4
	1
Total number of educational events	43
Distribution of Health Education information through:	
• outreach to local schools	Monthly
• outreach to local health providers	As needed
• outreach to local businesses	annually
• outreach to local faith-based organizations	quarterly
• outreach to local childcare providers	Semi-annually
• outreach to other local organizations	As needed
• posting information to the LHD website	Monthly
• reviewing and updating information on the LHD website	Monthly
• sharing information via a municipal, county, or LHD email distribution list	Quarterly
• sharing information on social media tools like Twitter, Facebook, etc	As needed
• disseminating information in local print newspapers/newsletters	Quarterly
• disseminating information through local online newspapers/newsletters	Quarterly

The data on this page applies to: Hopewell Boro, Montgomery Twp, Pennington Boro, Rocky Hill Boro.



Mary Jacobs Memorial Library
In Partnership with the Montgomery Township Health Department
Presenting

Take Control of Your Health

Do you or someone you know have a chronic health condition?
such as diabetes, arthritis, heart disease, hepatitis, hypertension, Lyme, cancer, COPD, or any other chronic condition that requires management on a regular basis... **Take Control of Your Health** is the right choice!

Feel better and get support for improving your health in this doctor-recommended workshop!

Take Control of Your Health is a 6-session chronic disease self-management workshop series, covering:

- Managing symptoms
- Eating healthy
- Controlling pain
- Fighting fatigue and frustration
- Problem solving
- Managing stress and relaxing
- Communicating with others
- Creating action plans

Classes are facilitated by 2 peer leaders specially trained in the Stanford Model of Disease Management.

Location: Mary Jacobs Memorial Library, 64 Washington St., Rocky Hill, NJ 08553
Dates(s): 6 Wednesdays, October 22 - December 6 (except for Nov. 22)
Time: 10:00am - 12:30pm
Cost: FREE

To Register: Call Devangi Patel at (908) 533-9331 or
Register online at <http://health.montgomery.nj.us/class>
RSVP by October 23rd. Class size is limited. Register today!

For questions or to learn more, please call Devangi Patel at the Health Department at (908) 533-9331

Take Control of Your Health!

The Stanford Chronic Disease Self-Management Program (and its specialized Diabetes Self-Management Program) is proven to be effective at controlling symptoms and improving outcomes?

In 2017, MTHD has expanded its capacity to provide this educational series, by adding additional trainers, and by partnering with community organizations. Key partners in this effort include the Somerset County Office on Aging, and the Greater Mercer Public Health Partnership. Series were held in both Branchburg and Rocky Hill in 2017.

We need your help to spread the word about this important program!
Health Care Providers: Your referral matters! Tell your patients about how they can take control of their health and *feel better!*

Community Organizations: Do you serve older adults, or people who have barriers to getting the care they need? *We can bring our program to your location/practice site.* For More Info, call Devangi Patel at 908-533-9331

Individual Clinical Services

• As part of our mission to assure that all people have access to essential health services, local health departments provide a variety of individual, clinical services such as screenings and vaccines, and referrals to appropriate medical care.

Key Facts & Activities	2017 data
Number of clinic-based medical visits provided	33
Number of individuals (unduplicated) who received care at health department clinics	33
Number of referrals to medical follow-up, support programs, and/or accessible medical services	234
Number of children immunized to protect them from dangerous and deadly preventable diseases	58
Number of adults (age 18 and up) immunized to protect them from dangerous and deadly preventable diseases	347
Total number of immunizations provided by the LHD	405
Total number of health screenings provided by the LHD	310
Number of children screened for dangerous levels of lead in their blood	2
Number of individuals screened for cancer	18
Number of individuals screened for Sexually Transmitted Infections (other than HIV/AIDS)	32
Number of individuals screened for HIV/AIDS	29
Number of individuals screened for Cardiovascular Disease	71
Number of individuals screened for Hypertension	204
Number of individuals screened for Diabetes	71
Number of individuals screened for Tuberculosis	2

The data on this page applies to: Hopewell Boro, Montgomery Twp, Pennington Boro, Rocky Hill Boro.

Healthy Kids



Our Health Educator visits kindergartens and day cares to share the message that “You can be a healthy kid!” Programs focus on hand washing, nutrition, and active play. The classroom program is supplemented with a teacher lesson packet, and a healthy hints information sheet for parents.

The “Glo-Germ” hand washing game is a favorite with pre-schoolers!

Communicable Disease Control

The Health Department investigates communicable diseases and outbreaks to look for causes and intervene to keep illnesses from spreading.

In 2017, MTHD investigated 215 cases of Communicable Disease

- 70% Tick Borne diseases
- 10% Food-borne illnesses
- 3% Mosquito Borne illnesses
- 12% Hepatitis B and C
- 4% Influenza and Pneumonia
- 1% Vaccine Preventable illnesses

The data on this page applies to: Hopewell Boro, Montgomery Twp, Pennington Boro, Rocky Hill Boro.

School Immunization Record Audits

- To ensure that our community schools and children are keeping kids healthy and safe from preventable disease, local health departments review immunization records of children within schools and childcare facilities.

Key Facts & Activities	2017 data
Number of Childcare / Pre-K facilities	13
Number of Childcare / Pre-K facilities audited by the health department	10
Number of Kindergarten facilities	4
Number of Kindergarten facilities audited by the health department	4
Number of Grade 1 facilities	4
Number of Grade 1 facilities audited by the health department	4
Number of Grade 6 facilities	5
Number of Grade 6 facilities audited by the health department	4
Number of High School facilities	3
Number of High School facilities whose transfer school records were audited by the health department	3

The data on this page applies to Hopewell Boro, Montgomery Twp, Pennington Boro, Rocky Hill Boro

Animal Care and Management

Educating our neighbors on responsible pet ownership



Love Us? LICENSE US!

2018 Pet Licensing starts January 1!



Why is it important to license your pet?

1. To safeguard public health

Every licensed pet has been vaccinated against rabies. This protects your pets, children and neighbors against this deadly disease! When the license tag is visible, you know that animal has been vaccinated!

2. To help your pet get home

If your pet gets lost, your pet can be returned more quickly and sometimes without a trip to the shelter! If it is impounded and taken to the shelter, it is safer there than it would be roaming the streets in harm's way. A license tag can be easily traced to the animal's owner with a phone call. A license tag is your pet's ticket home.



3. To help us to enforce laws on responsible pet ownership

If we can track pet ownership, then we know where to focus our services and education efforts.

4. To support the shelter and adoption of unwanted pets

Your yearly license fee helps support sheltering for strays and unwanted pets. It also pays for our leash-free dog park, animal control services and community education.



5. It's the law! Dogs and Cats must be licensed and vaccinated against rabies.



MONTGOMERY HEALTH DEPARTMENT

Animal Control

Also Serving: Hopewell Borough ♦ Pennington Borough ♦ Rocky Hill Borough
(908)359-4308

Animal Control Quick Facts, 2017

- 1400 calls for service
- Over 300 investigations (*Nuisance, bite, or stray*) initiated
- Over 150 animals brought to SAVE's shelter

Public Health, Personal Stories



Animal Control Officers Stan Kosinski and Jennifer LaStella provide service to our residents 7 days a week

Kennels, Pet Shops, and Shelter / Pound Facilities

- Local health departments inspect kennels, pet shops, shelters, and pounds to ensure that these facilities are operating in compliance with sanitation, safety, and animal welfare rules.

Key Facts & Activities	2017 data
Number of licensed kennel facilities	1
Number of licensed shelter/pound facilities	1
Number of routine inspections conducted at Kennels	1
Number of routine inspections conducted at Shelter/Pound facilities	0
Number of routine re-inspections conducted at Kennels	0
Number of routine re-inspections conducted at Shelter/Pound facilities	0
Number of non-routine emergency & complaint-related inspections conducted at Kennels	0
Number of non-routine emergency & complaint-related inspections conducted at Shelter/Pound facilities	0

Animal Bites and Rabies Control

The Health Department investigates incidents where there was possible human or domestic animal exposure to rabies, including

- Lab testing of suspected rabid animals
- Exposure evaluation for people and their pets
- Monitoring of dogs and cats that bite humans or other animals

Key Facts & Activities	2017 data
Number of incidents where an animal bit a human	16
Number of incidents where a rabid or suspected-rabid animal bit a domestic animal (pet / livestock)	20
Number of unimmunized domestic animals that were confined for rabies observation after biting a person or another animal	6



This data applies to: Hopewell Boro, Montgomery, Pennington Boro, Rocky Hill Boro

Animal Control Services

- To protect individuals and their domestic animals, Animal Control Officers are responsible for collecting and impounding lost pets, stray domestic animals, and sick, injured, or dangerous animals. Montgomery Health Department directly supervises the Animal Control Officers to prevent the spread of rabies and to ensure that anyone potentially exposed to rabies receives prompt treatment.

Montgomery Township Health Department provides animal control services to the following

Hopewell Boro

Montgomery Twp

Pennington Boro

Rocky Hill Boro

Municipal Animal Shelter Operations



Montgomery Township Health and Animal Control is proud to partner with SAVE-A Friend to Homeless Animals to care for our lost and homeless animals.

The SAVE facility on Route 601 provides both temporary sheltering and full adoption services for animals found in our service area.

Pet Licensing

- All municipalities in the MTHD service area are responsible for licensing domestic dogs and cats, to ensure that pets and the people they interact with are protected from rabies. Pet licensing programs also help to quickly reunite lost pets with their owners.

Key Facts & Activities	2017 data
Number of dog licenses issued	1271
Number of cat licenses issued	127

The data on this page applies to: Montgomery Twp.

Rabies Vaccination Clinics

MTHD sponsors pet vaccination clinics to make it easy for residents to vaccinate their pets against rabies. The rabies shot protects pets that may come into contact with wildlife **and** the people who own pets.

Protect your pet! Protect your community! Vaccinate and license your cats and dogs!

Key Facts & Activities	2017 data
Number of rabies vaccination clinics conducted by the health department	4
Number of pets vaccinated by the health department	233
Average number of pets vaccinated per clinic	58.25

The data on this page applies to: Hopewell Boro, Montgomery Twp, Pennington Boro, Rocky Hill Boro.

“A Cloud Over our Youth?”

Engaging Parents and Community Leaders on Vaping and Tobacco



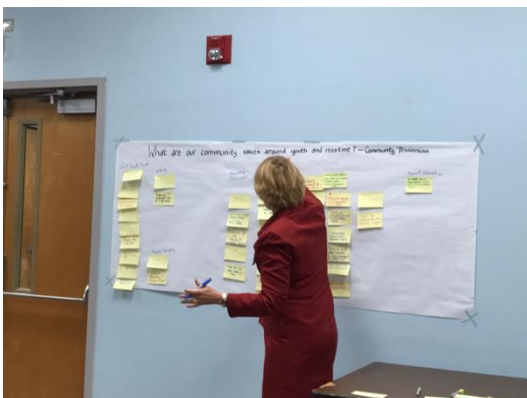
In June, MTHD hosted a Community Forum around the issue of Vaping and Youth. The purpose of the forum was both to educate parents and stakeholders; and to identify community values and priorities on this issue.

Featured speakers included:

- Nancy Gartenberg, Superintendent of Schools
- Karen Blumenfeld, NJ Global Advisors on Smoke-free Policy
- Jeff Grosser, Princeton Health Officers.
- A Video Presentation, “Are You Smarter than a Tobacco Company?” by Girl Scout Troops 15 & 33

Attendees participated in facilitated group activities and discussions to identify community attitudes and values around the use of tobacco and e-cigarettes.

Teaching the Tools for Community Engagement



The Community Forum also provided a chance to demonstrate the tools of community engagement, so our partners could practice their use, to bring back to their own organizations.

Event facilitators demonstrated **Affinity Modeling** (to determine community themes) as well as **Multi-voting** to establish priorities.

Licensing Vendors to Prevent Under-Age Sale



In November, New Jersey became just the third state to raise the age of sale for tobacco and e-cigarettes to 21.

In order to identify where e-cigarettes are being sold, and support 21 Age of Sale Enforcement, ***E-cigarette vendor licensing ordinances were adopted in both Montgomery Township and Pennington Borough.***

Licensing and vendor education programs are being launched in the first quarter of 2018.

Youth Camps

- Local health departments enforce safety and sanitation standards for the operation of youth camps in order to protect the health and safety of children who attend these programs.

Key Facts & Activities	2017 data
Number of Youth Camps operating in jurisdiction	5
Number of pre-operational inspections conducted	5
Number of emergency & complaint-related inspections and investigations conducted	0

The data on this page applies to: Hopewell Boro, Montgomery Twp, Pennington Boro, Rocky Hill Boro



MTHD Environmental Health Specialists regularly inspect public swimming facilities, to make sure pools and hot tubs are safe and sanitary

Recreational Bathing Facilities

- Local health departments conduct safety and sanitation inspections of public recreational bathing facilities to reduce the spread of communicable diseases and protect consumers who use these facilities from avoidable harm and danger.

Key Facts & Activities	2017 data
<i>Number of licensed public recreational bathing facilities</i>	
Number of licensed year-round facilities	4
Number of licensed seasonal facilities	8
<i>Number of public recreational bathing features of each type:</i>	
Swimming / wading pools	12
Hot tubs / spas	2
<i>Number of pre-operational inspections of bathing facilities of:</i>	
Year-round facilities	0
Seasonal facilities	8
<i>Number of routine inspections of bathing facilities of:</i>	
Year-round facilities	3
Seasonal facilities	0
<i>Number of routine re-inspections of bathing facilities of:</i>	
Year-round facilities	0
Seasonal facilities	0
<i>Number of non-routine emergency & complaint-related inspections of:</i>	
Year-round facilities	0
Seasonal facilities	0
<i>Number of individual features closed for health and safety violations, by type:</i>	
Swimming / wading pools	0
Hot tubs / spas	0
<i>Number of public recreational bathing facilities closed for health and safety violations:</i>	
Year-round facilities	0
Seasonal facilities	0

The data on this page applies to: Hopewell Boro, Montgomery Twp, Pennington Boro, Rocky Hill Boro.

Retail Food Establishment Safety

- Local health departments inspect and regulate restaurants, grocery stores, and other retail food facilities to ensure compliance with safety and sanitation rules. Local health departments also investigate and control disease outbreaks linked to retail food facilities.

Key Facts & Activities	2017 data
<i>Number of licensed food establishments:</i>	
Risk Level 1 - Establishments that conduct minimal food preparation and minimal handling of potentially hazardous foods	24
Risk Level 2 - Establishments that conduct limited food preparation and heat/cool potentially hazardous foods	81
Risk Level 3 - Establishments that conduct complex food preparation and heat/cool potentially hazardous foods	35
Mobile food establishments	6
Temporary - Establishments operating for no more than 14 consecutive days in conjunction with a single event or celebration	76
Other - Establishments that conduct ONLY specialized processes	6
<i>Number of specialized processes overseen by the health department</i>	6
Number of retail food establishment plan reviews conducted	2
Number of pre-operational retail food establishment inspections conducted	14
<i>Number of routine inspections for the following types of retail food establishments:</i>	
Risk Level 1 - Establishments that conduct minimal food preparation and minimal handling of potentially hazardous foods	13
Risk Level 2 - Establishments that conduct limited food preparation and heat/cool potentially hazardous foods	102
Risk Level 3 - Establishments that conduct complex food preparation and heat/cool potentially hazardous foods	70
Mobile food establishments	8
Temporary - Establishments operating for no more than 14 consecutive days in conjunction with a single event or celebration	72
Other - Establishments that conduct ONLY specialized processes such as canning	9
<i>Number of routine re-inspections for the following types of establishments:</i>	
Risk Level 1 - Establishments that conduct minimal food preparation and minimal handling of potentially hazardous foods	0
Risk Level 2 - Establishments that conduct limited food preparation and heat/cool potentially hazardous foods	0
Risk Level 3 - Establishments that conduct complex food preparation and heat/cool potentially hazardous foods	1
Mobile food establishments	1
Temporary - Establishments operating for no more than 14 consecutive days in conjunction with a single event or celebration	0
Other - Establishments that conduct ONLY specialized processes such as canning	0
<i>Number of non-routine emergency & complaint-related investigations/inspections:</i>	
Investigations	13
Inspections (other than routine inspections)	5
Number of establishments on which the health department had to take one or more enforcement actions	2

The data on this page applies to: Hopewell Boro, Montgomery Twp, Pennington Boro, Rocky Hill Boro.

Environmental Stewardship



“Children Breathing” Anti-idling Campaign to fight Asthma and Air Pollution in Pennington

Pennington Borough Board of Health is partnering with the Borough’s Environmental Commission on a No Idling campaign, focused on school zones and parks.

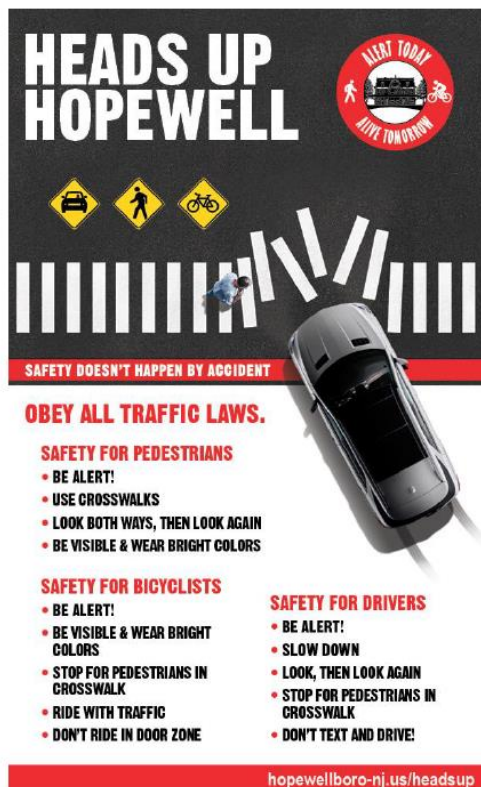
Car and truck exhaust are a major trigger of asthma, contribute to air pollution, and wastes fuel. With support of the Board of Health, signs are being purchased for posting at school zones and parking areas where idling is prevalent.

Heads Up, Hopewell

Hopewell Borough is a walkable community, and pedestrian safety is a key concern.

Heads Up, Hopewell is a community-wide safety initiative to make walking and biking safer in our neighborhoods.

Hopewell Borough Board of Health reminds you to **be alert**, and slow down to prevent accidents on our streets



Public Health, Personal Stories



Registered Environmental Health Specialists Evan Stampoulos and Kristen Sargent are responsible for assuring that food is safe to eat, water is safe for drinking and swimming; and wastewater disposal is sanitary—for everyone’s good health!

Onsite Wastewater Disposal Systems Safety

• Local health departments conduct education, permitting, and inspections of low-volume residential and commercial onsite wastewater treatment systems (e.g., septic systems) to ensure that systems are designed, constructed, and maintained properly. This improves New Jersey's water quality and protects human health and the environment.

Key Facts & Activities	2017 data
Number of system construction permits issued for final authorization to proceed with installations of new systems	3
Number of system construction permits issued for final authorization to proceed with repairs to existing system	69
Number of system construction permits issued for final authorization to proceed with alterations to existing systems that don't expand the capacity of the system	29
Number of system construction permits issued for final authorization to proceed with alterations to existing systems to expand the capacity of the system	0
Number of system construction permits issued for installation, repair, or alteration of advanced wastewater pretreatment systems	5
Number of system construction permits issued for installation, repair, or alteration of commercial facility systems	1
number of systems in this municipality	2200
Are required system construction inspections performed by the health department	Yes, the health department performs some of these inspections. Third-party certifiers also perform some of these inspections.
Number of unduplicated noncompliant systems identified	37
Number of reality transfer system inspection reports reviewed	66
Number of systems identified as noncompliant as a result of review of reality transfer system inspection reports	35
Does the health department have a septic management program in place?	Yes, all towns are covered by septic management program
Number of septic management program inspection reports reviewed by the health department	659
Number of system investigations conducted by the health department	5

The data on this page applies to: Montgomery Twp.

Potable Wells and Drinking Water Safety

The Health Department assures that new wells are installed to protect drinking water safety. The Health Department guides private well owners as to the safety of their water supply, how to comply with Safe Drinking Water standards, and how to address problems with their water.

The Health Department also monitors water quality in restaurants and commercial facilities served by well water.

Key Facts & Activities	2017 data
Does the health department collect potable well water samples?	NO
Does the health department analyze potable well water samples?	NO
Number of potable well inspections conducted	10
Number of unduplicated potable wells inspected	10
Number of potable well investigations where the health department determined well water to be hazardous to humans	0
Number of potable well investigations conducted	4
Number of potable well certificates of compliance issued	0
Number of public water system complaints received	0

The data on this page applies to: Hopewell Boro, Montgomery Twp, Pennington Boro, Rocky Hill Boro.

Childhood Lead Poisoning Prevention and Control

There is ***no safe level of lead exposure*** for children. Recognizing that fact, the State of New Jersey is working to ***tighten lead safety standards and increase screening*** of young children beginning in 2017. This is expected to ***increase the MTHD lead investigation workload by 600%*** from the previous case load.

Montgomery Township Health Department is working with other Health Departments in Mercer and Somerset Counties to build our lead response capacity, and educate policymakers on the resources required to support these essential investigations. We have increased inspector training and nursing capacity to meet the emerging need.

Key Facts & Activities	2017 data
Was service provided for the entire year?	YES
Number of cases of childhood elevated blood lead investigated	2

The data on this page applies to: Hopewell Boro, Montgomery Twp, Pennington Boro, Rocky Hill Boro.

Improving Outcomes with Continuous Quality Improvement

As part of our Public Health Accreditation efforts, MTHD is committed to **Transparency, Accountability, and doing *What Works* to improve health.**

The MTHD Quality Improvement process is overseen by a monitoring team made up of representatives from all four Boards of Health. Health Department staff develop QI projects and measures to address gaps identified in our Performance Management system, Strategic Plan, and Community Health Assessments. Quarterly QI reviews keep the team on track for improved accountability and feedback

For 2017, the Quality Improvement team focused on three key areas for improvement efforts:

- Building capacity for Lead Exposure investigation and response;
- Increasing partnership to address Mental Health awareness and reducing stigma; and
- Improve branding of Health Department programs and services to increase community awareness of our work

2017 results are described in the following story boards:

Increase Residents' Awareness of the Health Department and its Role in Protecting Health Montgomery Township Health Department, NJ

AIM STATEMENT

Increase residents' awareness of the Health Department and its role in protecting health.

KEY ACTIVITIES

- Adopt Health Department Communications and Branding Policy
- Assure all MTHD emails, Tweets, Facebook posts, and e-blasts include the Public Health logo
- Distribute news releases, health dept. updates to Hopewell Valley News, Princeton Packet, and Montgomery News, as well as appropriate school district and PTO forums, and include Public Health Logo
- Provide career-apparel shirts and outerwear to identify Health Department staff in the field
- Update the Health Department services brochure
- Invest in branded tablecloth/banner to more prominently feature the logo
- Update the Health webpage to more prominently feature the Public Health Logo

KEY OUTCOMES

- Public health logo branded Health Department Vehicles
- Public health logo branded apparel and outerwear to wear at community events
- All educational materials contains health department branding

STEPS TAKEN FOR IMPROVEMENT

- Distribute Health Department Brochure through library and public events
- Proactive Health Officer outreach to local reporters to discuss emerging health issues
- Relationship building with faith leaders serving the community
- Update Municipal Alliance listserv
- Increased communication with school district

NEXT STEPS

- Assure logo is included in Septic Management license mailings and flu clinic promotional materials (2 most common reasons for contacting Health Dept.)
- Update policies, media contact list and listserv as needed
- Create Animal Control brochure with ACO specific branding



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Childhood Lead Poisoning Prevention Capacity Building

Montgomery Township Health Department, NJ

AIM STATEMENT

Develop strategies to implement tougher standards to prevent childhood lead poisoning

KEY ACTIVITIES

- Review Branchburg Shared Lead Investigation Agreement
- Train MT REHS inspector by 12/2017
- Obtain training for MTHD to receive access to the Lead TRAX system
- Review nurse lead case management agreement
- Develop lead awareness program
- Identify improvements for SOPs relating to PWTA Lead exceedances
- Share lead analyzer meter and maintenance costs with Somerset Co. Health Dept.
- Advocate for adequate state funding to expand investigation capacity

STEPS TAKEN FOR IMPROVEMENT

- Continued efforts in reducing lead exposure to children and adults within the community
- Provided education, information through pamphlets/brochures and prevention/care measures for the community

KEY OUTCOMES

- Updated Branchburg Lead Agreement that meets State Standards
- MTHD inspector trained and licensed
- Access has been obtained for State Lead Trax system
- Nurse case management has been updated to meet State standard
- Advocacy at the state level

NEXT STEPS

- Training for Public Health Nurse to obtain access to Lead TRAX
- Seek appropriate staff trainings and embed in Workforce Development Plan.
- Re-evaluate workload because regional capacity is inadequate
- Promote and implement full-time nurse position
- Formalize SOPs relating to PWTA Lead Exceedances follow-up
- Continue to adequate for funding to expand investigation capacity to meet state reporting and investigation timeframes



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Increase Mental Health Awareness Care and Prevention Programs

Montgomery Township Health Department, NJ

AIM STATEMENT

Build relationship with School Districts and Carrier Clinic to improve mental health awareness and linkage to screening

KEY ACTIVITIES

- Partner with Municipal Alliance as well as Township Media to promote Mental Health Awareness Programs
- Build relationships with first responders by providing support and resources for running Mental Health First Aid Training for law enforcement and EMTs
- Meet with School District and Carrier Clinic to set timeframes
- Contact Superintendent's Office for District Support
- Promote programs through Municipal Alliance and Township Media
- Build relationships with community stakeholders

NEXT STEPS

- Present community needs health assessment data to Board of Ed and work with school district to conduct needs assessment
- Distribute Healthier Somerset's "Do you Feel?" posters to health care and mental health providers in the area
- Promote prevention programs focusing on mental health, autism, alcohol and substance use, addiction, stress and parenting through Alliance
- Attend School Nurse meetings to identify concerns and opportunities for training in Montgomery Township and Hopewell Township
- Continue relationship building with school district and superintendent's office in Montgomery Township and Hopewell Township

KEY OUTCOMES

- Provided evidence-based Mental Health First Aid Training to approximately 50 first responders representing 15 law enforcement and first responder agencies in Central New Jersey
- Youth Nicotine Addiction Prevention forum and policies
- Implemented a socio-emotional wellness app for High School students
- Implemented the "In the Blink of an Eye", parent education series, and parent book talk series in partnership with the school district through Alliance
- Launched a Peer Helper Program at Upper Middle School (UMS)

STEPS TAKEN FOR IMPROVEMENT

- Professional Development training to Guidance Counselors
- Professional Certification Mindfulness trainings for staff at UMS
- Relationship building with faith leaders serving the community
- Update Municipal Alliance listserv
- Increased communication with school district



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