

Mpox: Q&A for Close Contacts



21 days



How long do I need to monitor for symptoms?

Check for symptoms for 21 days after last close contact with the person with mpox.



How often should I take my temperature?

Check for fever twice per day (morning and evening).

What symptoms should I look for?

- Fever $\geq 100.4^{\circ}\text{F}$
- Chills
- New swollen lymph nodes (around the neck, armpit, or groin)
- New skin rash



What should I do if fever or rash develop?

Immediately self-isolate and contact your local health department.



What should I do if only chills or swollen lymph nodes develop?

- Self-isolate for 24-hours and monitor temperature.
- If fever or rash develop, immediately contact your local health department.
- If fever or rash do not develop, but chills or swollen lymph nodes persist, contact a healthcare provider.