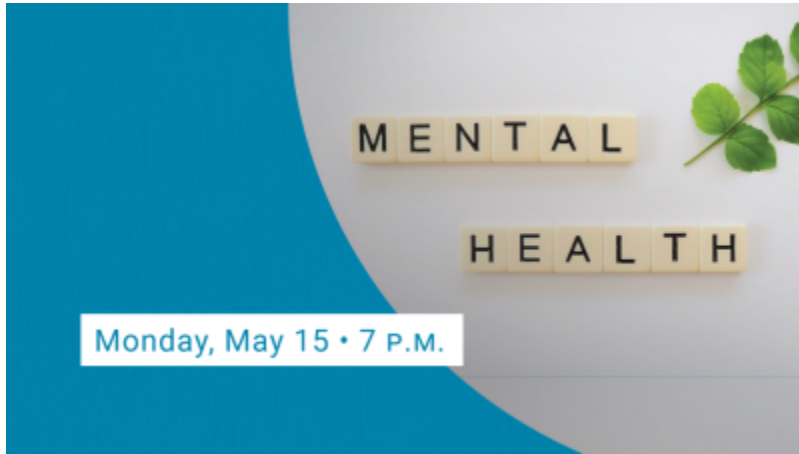


Mental Health Matters Forum - May 15

News Release Date

04-28-2023



Join us for an evening focused on the mental health of our children. Medical and educational professionals will discuss different aspects of youth mental health including:

- Why mental health issues are on the rise among young people
- How to recognize warning signs of a

mental health condition

- What your teens would like you to know about their mental health
- How to talk to your children about mental health
- How stigma about mental health inhibits people from seeking help
- What you can do to help improve your family's overall mental health

Expert panelists will take a closer look at what is going on with youth mental health and identify what you can do to help. Local mental health resources will also be in the lobby from 6:30 - 7 p.m. to share information.

This event is co-sponsored by the Montgomery Township School District and the Montgomery/Rocky Hill Municipal Alliance.

- For Registration, fill out the [form online](#).

Organized by the Montgomery Municipal Alliance and the Montgomery Township School District.