

Precautions Against Measles

VISITING ANOTHER COUNTRY? PROTECT YOUR FAMILY.
THINK MEASLES.
Measles is common in Europe, Asia, the Pacific, and Africa.



The Montgomery Township Health Department reports that there has been a global and domestic increase in measles cases. Several countries around the world are experiencing measles outbreaks or an increase in reported cases, including popular travel destinations such as England and Europe. Measles cases in the United States often originate from unvaccinated or under-vaccinated U.S. residents who travel internationally and then transmit the disease to people in the U.S. who are not vaccinated against measles.

Measles is a highly contagious viral infection that primarily affects children but can occur at any age. It is characterized by symptoms such as high fever, cough, runny nose, and a distinctive red rash. Measles spreads through respiratory droplets and is highly contagious, especially in crowded areas.

Anyone who is not immune to the virus can get measles. The most effective way to prevent measles is through vaccination with the measles, mumps, and rubella (MMR) vaccine. The vaccine is typically given in two doses, with the first dose administered at 12-15 months of age

and the second dose at 4-6 years of age. Vaccination not only protects individuals from measles but also helps prevent the spread of the virus within the community, ultimately leading to herd immunity.

For more info, go to these CDC webpages:

<https://cdc.gov/travel>

[Measles \(Rubeola\) | CDC](#)

Supporting Documents

measles_travel_flyer.pdf 808.37 KB